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# SURBERY

WITH EMPATHY, ALTRUISM, HUMOR, AND EVIDENCE BASED PRACTICE, I AIDE IN HEALING, EDUCATE WITH CULTURAL COMPETENCE, & UPLIFT THE SPIRITS OF MY PATIENTS & FAMILY. I ILLUMINATE HEALTHCARE EXCELLENCE GENUINELY TAKE PRIDE IN BEING OF SERVICE. I LEAD WITH HUMILITY AND CURIOSITY, COMMUNICATE TRANSPARENTLY & COMPASSIONATELY, & ADVOCATE WITH INTEGRITY. MY APPROACH IS HOLISTIC & COST-EFFECTIVE.

# objective

I GAINED VALUABLE EXPOSURE TO OTHER NICHES OF THE PROFESSION, HOWEVER LETTING WITHIN THE STRUCTURED CHAOS OF THE EMERGENCY DEPT. SEEKING A FULL TIME POSITION. PREPARED TO RELOCATE

# education

UNIVERSITY OF MARYLAND, BALTIMORE HEALTH SCIENCE LEADERSHIP MANAGEMENT/EDUCATION MSN | 2021.

THE COLLEGE OF NEW ROCHELLE, NY
Accelerated Nursing Degree
BSN | 2014 . . .

BARNARD COLLEGE OF COLUMBIA UNIVERSITY
BIOLOGY AND SPANISH & LATIN AMERICAN CULTURES
BA | 2011

# credentials

TNCC ACLS BLS PALS

# licensure

NEW YORK 698958
CALIFORNIA 95248032
MARYLAND R216675
COMPACT STATE LICENSURE (NLC)

# - Shine G. Watkins

#### JULY 2024 - OCTOBER 31, 2024 PRIMARY CASE MANAGER

#### VISITING NURSE ASSOCIATION OF CENTRAL COAST

- COMPLETE H&P, INITIATE/UPDATE PLAN OF CARE THROUGH NURSING DIAGNOSES AND A HOLISTIC APPROACH, EDUCATED PATIENT AND FAMILY MEMBERS, OBTAINED MD ORDERS AND FACILITATED CONSULTS.
- CONTINUOUS REVIEW PATIENT'S APPROPRIATE UTILIZATION OF SERVICES; ENSURING CONTINUED SKILLED NEED; MONITORING OF HOMEBOUND STATUS; REVIEW OF DOCUMENTATION IN THE MEDICAL RECORD; MAINTENANCE OF INTERDISCIPLINARY COMMUNICATION & DISCHARGE PLAN

## MARCH 2024 - MAY 2024 CLINICAL EDUCATOR | CONSULTANT

### EMSAR | PHILIPS HEALTHCARE

- SERVICE CRITICAL CARE MONITORING DEVICES AND CLINICAL APPLICATIONS; PROVIDE COMPLIANCE DOCUMENTATION, BIOMEDICAL MAINTENANCE, CORRECTIVE ACTION, REPAIR, INSTALLATIONS, UPDATES, GO LIVE SUPPORT WITH NEW MONITORS OR UPGRADES
- EDUCATE STAFF ON DEVICES AND CLINICAL APPLICATIONS UNLOCKING THE FULL POTENTIAL AND PRODUCTIVITY OF THE STAFF & IMPROVING PATIENT OUTCOMES

#### MAY 2023 - JANUARY 2024

# EMERGENCY DEPARTMENT STAFF NURSE, STEP 3 SUTTER HEALTH, MILLS PENINSULA MEDICAL CENTER, BURLINGAME, CA

DEVELOPED AS A "HEALTHCARE SHERPA" AT MPMC, THE RECEIVING HOSPITAL FOR THE PENINSULA AND EMERGENCIES AT SFO AIRPORT. TREATING 140 PATIENTS DAILY FOR: GERIATRIC, CRITICAL CARE, STROKES, HEART ATTACKS, CAR ACCIDENTS, INJURIES, POISONING, & PSYCHIATRIC EMERGENCIES

#### MAY 2020 - FEBRUARY 2023

#### EMERGENCY MEDICINE TRAVEL NURSE

- DEMONSTRATED PROFICIENCY AFTER A SHORT ORIENTATION PROVIDING SAFE, QUALITY AND RESOURCE EFFICIENT CARE FOR PATIENTS IN THE EMERGENCY DEPARTMENT
- SAINT BARNABAS (BRONX, NY), ALAMEDA HOSPITAL (ALAMEDA, CA), DAYTON GENERAL (DAYTON/WALLA WALLA, WA), MISSION BERNAL CAMPUS (SAN FRANCISCO, CA), CRMC (FRESNO, CA), DELTA SUTTER (ANTIOCH, CA) EMERGENCY DEPARTMENT. LOW CENSUS WAS WILLING TO FLOAT TO MED-SURG & ICU/STEPDOWN. CHARGE NURSE & ONBOARDED OTHER NURSES (DAYTON)

#### NOVEMBER 2022 - MARCH 2023 HOSPICE NURSE, PRIVATE DUTY

- FULL-TIME LIVE IN SUPPORT TO THE CLIENT NAVIGATING A DIFFICULT TIME BETWEEN ACCEPTANCE & END OF LIFE. COLLABORATED WITH HOSPICE AGENCY TO DEVELOP AND IMPLEMENT AN INDIVIDUALIZED PLAN OF CARE ADDRESSING HIS NEEDS HOLISTICALLY.
- ADAPTED HOME LAYOUT, IMPLEMENTED ACCESSORIES TO ADAPT TO CLIENT'S ENDURANCE WHILE BLENDING EQUIPMENT TO MAINTAIN NORMALCY, DIGNITY, AND FOSTER PATIENT SAFETY AND INDEPENDENCE. MANAGED (1) MEDICATION SCHEDULING TO ACHIEVE GOALS OF CARE (2) MEDICATION REQUESTS FROM HOSPICE PROVIDER AS NEEDED (3) ALL ROUTES OF ADMINISTRATION (4) THE HOUSEHOLD TO INCLUDE SHOPPING, LAUNDRY, COOKING, CLEANING, BILL PAY (5) SCHEDULED VISITS OR VIDEOS (6) POST MORTEM CALLS AND BODY PREPARATION.

#### **APRIL 2015 - AUGUST 2020**

#### THE JOHN HOPKINS HOSPITAL, EAST BALTIMORE, MD

EMERGENCY DEPARTMENT OCTOBER 2017- AUGUST 2020
DEPARTMENT OF MEDICINE NOVEMBER 2015- OCTOBER 2017
ED OBSERVATION APRIL 2015- NOVEMBER 2015

#### AUGUST 2017 TO JANUARY 2021

**EMPLOYEE EXPOSURE NURSE** 

UNIVERSITY OF MARYLAND MEDICAL CENTER, SHOCK TRAUMA BALTIMORE, MD

#### SEPTEMBER 2015 - SEPTEMBER 2018

WELLNESS NURSE

MAXIM HEALTHCARE, TOWSON, MD